

November

Lunch

HARMONY SCHOOL OF INNOVATION LAREDO

Monday	Tuesday	Wednesday	Thursday	Friday
October 30, 2017	October 31, 2017	November 1, 2017	November 2, 2017	November 3, 2017
		HOT DOG W/ POTATO ROUNDS Hot Dog Bun Taco Beans Mixed Fruit Cup Mustard Ketchup Multi Grain Sun Chips Choice of Milk	TACO MEAT Salsa Cup Soft Tortilla ^ Sliced Apples Choice of Milk	*NATIONAL SANDWICH DAY* DELI SUB SANDWICH ^ Romaine Lettuce Diced Onions Jalapenos Pickle Chips Fresh Banana Mustard Light Italian Dressing Choice of Milk
November 6, 2017	November 7, 2017	November 8, 2017	November 9, 2017	November 10, 2017
CHEESE PIZZA ^ Broccoli Orange Juice Choice of Milk	CRISPY CHICKEN FILLET ^ Hamburger Bun ^ Mixed Vegetables Applesauce Cup BBQ Sauce Sriracha Ketchup Choice of Milk	VEGETARIAN CHILI WITH BEANS Tortilla Chips ^ Whole Kernel Corn Diced Peaches Choice of Milk	POPCORN CHICKEN ^ Celery Sticks Light Ranch Dressing Taco Beans BBQ Sauce Fresh Banana Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Sliced Bread ^ (2) Mashed Potatoes Fresh Baby Carrots Light Ranch Dressing Fresh Pear Choice of Milk
November 13, 2017	November 14, 2017	November 15, 2017	November 16, 2017	November 17, 2017
CHICKEN TENDERS WITH POTATO WEDGES Taco Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	*NEW ITEM* CUBAN PICADILLO ^ Green Beans Mixed Fruit Cup Choice of Milk	PEPPERONI PIZZA ^ Romaine Lettuce Light Ranch Dressing Diced Peaches Choice of Milk	HOLIDAY MEAL** TURKEY W/GRAVY STUFFING ^ & MASHED POTATOES Diced Carrots Sliced Apples Chocolate Cookie ^ Choice of Milk	NO SCHOOL
November 20, 2017	November 21, 2017	November 22, 2017	November 23, 2017	November 24, 2017
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 27, 2017	November 28, 2017	November 29, 2017	November 30, 2017	December 1, 2017
BAKED CHICKEN NUGGETS ^ Green Beans Taco Beans Orange Juice BBQ Sauce Choice of Milk	CHEESE PIZZA ^ Diced Carrots Diced Peaches Choice of Milk	CHICKEN TACO Tortilla Chips ^ Mixed Vegetables Mixed Fruit Cup Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Romaine Lettuce Light Ranch Dressing Sliced Apples Mustard Ketchup (2) Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

SPECIAL DAYS
HAPPY THANKSGIVING
VETERANS DAY

Feature food days

NATIONAL SANDWICH DAY
MEATLESS MONDAY
HOLIDAY MEAL